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# Fast-Track Regulation Agency Background Document

Agency name	Board of Medicine, Department of Health Professions	
Virginia Administrative Code (VAC) citation(s)	18VAC85-80-10 et seq.	
Regulation title(s)	Regulations Governing the Licensure of Occupational Therapists	
Action title	NBCOT certification as option for continuing competency	
Date this document prepared	10/22/2015	

This information is required for executive branch review and the Virginia Registrar of Regulations, pursuant to the Virginia Administrative Process Act (APA), Executive Orders 17 (2014) and 58 (1999), and the *Virginia Register Form, Style, and Procedure Manual.* 

## **Brief summary**

Please provide a brief summary (preferably no more than 2 or 3 paragraphs) of the proposed new regulation, proposed amendments to the existing regulation, or the regulation proposed to be repealed. Alert the reader to all substantive matters or changes. If applicable, generally describe the existing regulation.

The Board has proposed amendments to section 71 on continued competency requirements to clarify the completion of the Continued Competency Activity and Assessment Form and to allow a licensee to fulfill the requirement by maintenance of current certification by the National Board of Certification in Occupational Therapy.

An amendment will also change the title of the chapter from Regulations Governing the Licensure of Occupational Therapists to Regulations Governing the Practice of Occupational Therapy.

### **Acronyms and Definitions**

Please define all acronyms used in the Agency Background Document. Also, please define any technical terms that are used in the document that are not also defined in the "Definition" section of the regulations.

NBCOT = National Board of Certification in Occupational Therapy

### **Statement of final agency action**

Please provide a statement of the final action taken by the agency including:1) the date the action was taken; 2) the name of the agency taking the action; and 3) the title of the regulation.

On October 22, 2015, the Board of Medicine adopted amendments to 18VACC85-80-10 et seq., Regulations for Licensure of Occupational Therapists (proposed new title: Regulations Governing the Practice of Occupational Therapy).

## Legal basis

Please identify the state and/or federal legal authority to promulgate this proposed regulation, including: 1) the most relevant citations to the Code of Virginia or General Assembly chapter number(s), if applicable; and 2) promulgating entity, i.e., agency, board, or person. Your citation should include a specific provision authorizing the promulgating entity to regulate this specific subject or program, as well as a reference to the agency/board/person's overall regulatory authority.

Regulations are promulgated under the general authority of Chapter 24 of Title 54.1 of the Code of Virginia. Section 54.1-2400 (6), which provides the Board of Medicine the authority to promulgate regulations to administer the regulatory system:

*§* 54.1-2400 -General powers and duties of health regulatory boards The general powers and duties of health regulatory boards shall be:

6. To promulgate regulations in accordance with the Administrative Process Act (§ 9-6.14:1 et seq.) which are reasonable and necessary to administer effectively the regulatory system. Such regulations shall not conflict with the purposes and intent of this chapter or of Chapter 1 (§ 54.1-100 et seq.) and Chapter 25 (§ 54.1-2500 et seq.) of this title. ...

#### **Purpose**

Please explain the need for the new or amended regulation. Describe the rationale or justification of the proposed regulatory action. Describe the specific reasons the regulation is essential to protect the health, safety or welfare of citizens. Discuss the goals of the proposal and the problems the proposal is intended to solve.

The purpose of the amendment is to: 1) clarify that the Continued Competency Activity and Assessment Form must be completed and retained with supporting documentation of CE courses or activities, but that it is not necessary for renewal of an active license; and 2) allow maintenance of NBCOT certification to fulfill the continued competency requirements for a biennium. Since maintenance of NBCOT certification requires completion of evidence-based professional development units, it is likely that the content is equal to or superior to traditional continuing education courses in the preparing a licensee to practice with skill and competency and therefore to protect public health and safety.

## **Rationale for using fast-track process**

*Please explain the rationale for using the fast-track process in promulgating this regulation. Why do you expect this rulemaking to be noncontroversial?* 

There is no controversy in the adoption of these amendments; the addition of NBCOT certification provides an option for licensees in fulfilling continued competency requirements. The Advisory Board on Occupational Therapy and the staff of the Board of Medicine support the changes.

### Substance

Please briefly identify and explain the new substantive provisions, the substantive changes to existing sections, or both. A more detailed discussion is provided in the "Detail of changes" section below.

The amended regulations will: 1) clarify that the Continued Competency Activity and Assessment Form must be completed and retained with supporting documentation of CE courses or activities, but that it is not necessary for renewal of an active license; 2) allow maintenance of NBCOT certification to fulfill the continued competency requirements for a biennium; 3) eliminate the percentage of licensees that must be audited; and 4) amend the title of the chapter to be consistent with other professional regulations.

#### Issues

Please identify the issues associated with the proposed regulatory action, including: 1) the primary advantages and disadvantages to the public, such as individual private citizens or businesses, of implementing the new or amended provisions; 2) the primary advantages and disadvantages to the agency or the Commonwealth; and 3) other pertinent matters of interest to the regulated community, government officials, and the public. If there are no disadvantages to the public or the Commonwealth, please indicate.

1) There are no primary advantages or disadvantages to the public.

2) There may be an advantage to the agency by simplifying the audit process for verification of continued competency. There are no disadvantages to the agency or the Commonwealth.

3) There are no other pertinent matters of interest to the regulated community, government officials, and the public.

#### **Requirements more restrictive than federal**

Please identify and describe any requirement of the proposal which is more restrictive than applicable federal requirements. Include a rationale for the need for the more restrictive requirements. If there are no applicable federal requirements or no requirements that exceed applicable federal requirements, include a statement to that effect.

There are no applicable federal requirements.

#### Localities particularly affected

Please identify any locality particularly affected by the proposed regulation. Locality particularly affected means any locality which bears any identified disproportionate material impact which would not be experienced by other localities.

There are no localities particularly affected.

### **Regulatory flexibility analysis**

Pursuant to § 2.2-4007.1B of the Code of Virginia, please describe the agency's analysis of alternative regulatory methods, consistent with health, safety, environmental, and economic welfare, that will accomplish the objectives of applicable law while minimizing the adverse impact on small business. Alternative regulatory methods include, at a minimum: 1) the establishment of less stringent compliance or reporting requirements; 2) the establishment of less stringent schedules or deadlines for compliance or reporting requirements; 3) the consolidation or simplification of compliance or reporting requirements; 4) the establishment of performance standards for small businesses to replace design or operational standards required in the proposed regulation; and 5) the exemption of small businesses from all or any part of the requirements contained in the proposed regulation.

There are no alternative regulatory methods that will accomplish the objective.

## **Economic impact**

Please identify the anticipated economic impact of the proposed new regulations or amendments to the existing regulation. When describing a particular economic impact, please specify which new requirement or change in requirement creates the anticipated economic impact.

Projected cost to the state to implement and	As a special fund agency, the Board must generate
enforce the proposed regulation, including:	sufficient revenue to cover its expenditures from
a) fund source / fund detail; and	non-general funds, specifically the renewal and
b) a delineation of one-time versus on-going	application fees it charges to practitioners for

expenditures	necessary functions of regulation. All notifications
oxponuturoo	will be done electronically.
	There are no on-going expenditures.
Projected cost of the new regulations or	There are no costs to localities.
changes to existing regulations on localities.	There are no costs to localities.
Description of the individuals, businesses, or	The individuals affected will be occupational
other entities likely to be affected by the new	therapists and occupational therapy assistants in
regulations or changes to existing regulations.	renewal of licensure.
Agency's best estimate of the number of such	There are 3,721 persons with a current license as an
entities that will be affected. Please include an	occupational therapist and 1,268 with a current
estimate of the number of small businesses	license as an occupational therapy assistant.
<b>affected.</b> Small business means a business entity,	60% work in skilled nursing facilities
including its affiliates, that:	12% in rehab/residential or inpatient facilities
a) is independently owned and operated and;	9% in K-12 school systems
b) employs fewer than 500 full-time employees or	6% in assisted living/continuing care
has gross annual sales of less than \$6 million.	6% in home health care
	16% in other settings, such as academic, private
	practice, etc.
	Only 20/ work in private prostings without in a
	Only 2% work in private practices, either in a group or solo practice, so it is likely that would be
	the number of small businesses. (23 out of 1,037
	responses)
All projected costs of the new regulations or	The amendments clarify existing regulations or
changes to existing regulations for affected	allow an option for meeting continued competency
individuals, businesses, or other	
entities. Please be specific and include all	requirements. NBCOT reports that 90% of
costs including:	certificate holders renew certification, so there
a) the projected reporting, recordkeeping, and	would be no additional costs to those who already
other administrative costs required for	maintain NBCOT certification. The cost to
compliance by small businesses; and	NBCOT is \$65 every 3 years for maintenance of
b) specify any costs related to the development	certification, but there are assessment tools and
of real estate for commercial or residential	other resources available from NBCOT for no costs
purposes that are a consequence of the	to certificate holders.
proposed regulatory changes or new regulations.	
Beneficial impact the regulation is designed	Licensees will have a choice for fulfilling
to produce.	continued competency requirements that may
• • • • • • • • • • • • • • • • • • • •	involve obtaining additional hours and courses
	beyond those required for NBCOT certification.
	beyond mose required for NDCOT certification.

## Alternatives

Please describe any viable alternatives to the proposal considered and the rationale used by the agency to select the least burdensome or intrusive alternative that meets the essential purpose of the action. Also, include discussion of less intrusive or less costly alternatives for small businesses, as defined in § 2.2-4007.1 of the Code of Virginia, of achieving the purpose of the regulation.

There are no alternatives that meet the essential purpose of the action.

## **Public participation notice**

If an objection to the use of the fast-track process is received within the 30-day public comment period from 10 or more persons, any member of the applicable standing committee of either house of the General Assembly or of the Joint Commission on Administrative Rules, the agency shall: 1) file notice of the objections with the Registrar of Regulations for publication in the Virginia Register; and 2) proceed with the normal promulgation process with the initial publication of the fast-track regulation serving as the Notice of Intended Regulatory Action.

## Family impact

Please assess the impact of this regulatory action on the institution of the family and family stability including to what extent the regulatory action will: 1) strengthen or erode the authority and rights of parents in the education, nurturing, and supervision of their children; 2) encourage or discourage economic self-sufficiency, self-pride, and the assumption of responsibility for oneself, one's spouse, and one's children and/or elderly parents; 3) strengthen or erode the marital commitment; and 4) increase or decrease disposable family income.

There is no impact on the institution of the family and family stability.

## **Detail of changes**

Please list all changes that are being proposed and the consequences of the proposed changes; explain the new requirements and what they mean rather than merely quoting the proposed text of the regulation. If the proposed regulation is a new chapter, describe the intent of the language and the expected impact. Please describe the difference between existing regulation(s) and/or agency practice(s) and what is being proposed in this regulatory action.

Current section number	Current requirement	Proposed change, intent, rationale, and likely impact of proposed requirements
Chapter title	Regulations Governing the Licensure of Occupational Therapists	The proposed change: <i>Regulations Governing the</i> <i>Practice of Occupational Therapy</i> would make this chapter consistent with other professional regulations and more accurately reflect the scope of the chapter. The chapter includes regulations for licensure of occupational therapy assistants as well as for occupational therapists. It also regulates the individual and supervisory responsibilities of practitioners and includes the standards of practice for the profession. The current title was given when the profession changed from "certification" to "licensure."
71	Sets out requirements for continued competency for a biennial renewal of licensure.	<ul> <li>Subsection A is amended to:</li> <li>Clarify that it is not required for a licensee to complete the Continued Competency Activity and Assessment Form in order to renew biennially. Renewal is completed electronically with an</li> </ul>

<ul> <li>attestation that the licensee has met the requirements of this section for continued competency.</li> <li>Provide an option for meeting the requirement by maintenance of current NBCOT certification.</li> </ul>
Several states have included such an option in their regulations, including MD, CO, OR and NH. South Carolina requires NBCOT certification for renewal. NBCOT certification is a requirement for initial licensure in Virginia, and NBCOT reports that 90% of OT's renew certification every 3 years. Therefore, the option of using current NBCOT certification as evidence of continued competency may be less burdensome to many Va. licensees. NBCOT requires 24 professional development units for renewal of certification every 3 years. A random audit of certificate holders is conducted each year to validate the courses and activities used for a professional development unit. In some cases, a unit may be completion of an on-line assessment tool that is provided by NBCOT from evidence-based literature about OT practice. If maintenance of NBCOT certification is used by a licensee to fulfill continued competency requirements for licensure in Virginia, an audit by the Board would only involve documentation from NBCOT that the licensee's certification is current and valid, rather than submission of documentation of all Type 1 and 2 hours.
Subsection C is amended to specify record of courses and activities for licensees to retain along with supporting documentation for the hours claimed.
Subsection D is amended to delete the specific percentage that would be used to conduct a random audit. The number of licensees to be audited is calculatedly a statistically valid random sample of the total number of licensees who renewed. The statistically valid percentage may be more or less than one to two percent as stated in current regulation.